



BEST BODY CO. 6-IN-4 CHALLENGE ONLINE TERMS & CONDITIONS

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|----------------|----------------|
| Full Name: | Current Date: |
| Email Address: | Mobile Phone: |
| Occupation: | Date of Birth: |

All members must agree to the Terms and Conditions as stated below prior to taking part in the program. Please read the below carefully. We reserve the rights to change the Terms and Conditions at any time. For any questions please email hello@bestbodyco.com

Terms & Conditions

Membership Terms

- The Best Body Co. 6-in-4 Challenge Online Program offers members a 4-week virtual fitness challenge consisting of 5 x workout videos per week (20 x workout videos in total over 4 weeks) in addition to a nutrition guide and meal plan, body measurements guide and email/WhatsApp access for members to contact Best Body Co. for any questions and support required relating to exercise and diet.
- There are 5 x different workout videos per week with a different program structure. The workout program is structured such that Day 1 of each week follows the same format workout; Day 2 each week follows the same format workout etc. This allows the challenge member to track their progress and improvement in fitness level at the start vs. the end of the program. The 5 x workout videos for each week will be shared at the start of each week accordingly.
- The 6-in-4 Challenge Online Program is a subscription-based service where members select their start date for the 4-week virtual challenge and the end date is exactly 4 weeks (28 days) after the chosen start date. The 4-week subscription begins on the date of payment or on a future date selected by the user which must be confirmed in writing to hello@bestbodyco.com within 48 hours of payment being received.
- Access to the education material access and virtual classes will expire at the end of the challenge (online access will be removed) and cannot be paused or or extended under any circumstances. All sales are final and strictly no refunds will be given.
- If members have missed any classes for whatever reason within the period of your subscription, these missed classes will not carry over and no extension will be granted; members agree to take full responsibility for their own attendance and participation.
- Each member will receive a unique member login with username and password and this must not be shared with any third party who has not subscribed to Best Body Co. services. All of the workout videos and education materials (nutrition and exercise guides) remain confidential and property of Best Body Co. Your usage of the Best Body Co. member portal, including video views and downloads will be monitored and if it comes to the attention of Best Body Co. that your member access has been shared externally without consent and without payment received from the third party, your membership will immediately be terminated for breach of rules and no refund will be given.

Pricing

- The price of the 6-in-4 Challenge Online Program is AED 250 / USD \$69.95.
- Payment to participate in the 6-in-4 Challenge Online Program must be on or before the chosen start date. Your 4-week subscription (28 days) starts on the date of payment or your chosen start date, which must be communicated in writing to hello@bestbodyco.com within 48 hours of payment being received.
- After payment has been made, the challenge is **non-refundable and non-transferrable** to another person under any circumstances.

Marketing and Promotions

- We reserve the right to use any individual or group photographs or videos of you for press or promotional purposes.
- With your written permission via email or WhatsApp, Best Body Co. may use your before and after transformation photos for marketing and promotional purposes. In this event, your privacy and anonymity will be protected at all times and only pictures of your body will be shown for marketing purposes.

Health & Safety

1. Members must acknowledge that there is risk associated with any form of exercise and they are responsible for monitoring their own condition whilst engaging in exercise and any unusual symptoms must be reported to their personal trainer or instructor immediately.
2. Any member with a condition which requires any form of medical checks or prescription medication must have the consent of their doctor before engaging in any exercise sessions.

Liability

1. Members attending virtual classes or virtual personal training sessions are taking part entirely of their own risk.
2. Members must accept that whilst engaging in exercise of any kind, be it cardio, resistance, stretching or core exercises, there is a risk of injury and that Best Body Co., the personal trainer or instructor shall not be held responsible for any injury, accident, illness or loss (including indirect and consequential loss) caused or suffered by members.
3. Members are responsible for their own insurance in respect of injuries suffered, loss of damage to equipment or personal belongings.
4. Agreeing to the terms and conditions contained in this document is valid for the duration of participation of Best Body Co. virtual classes and virtual personal training sessions, not confined within the dates of this challenge.

By signing below, you agree to our Terms & Conditions as presented in this document*

Full Name (Please print):

Signature:

Current Date:

**Digital signature is accepted*